

What is claimed is:

1. A skateboard for use with a shoe or shoe attachment, the skateboard comprising:
 - a skateboard deck,
 - 5 a skateboard deck cavity located within said deck,
 - a ferrous pole piece sized and configured to fit within said skateboard deck cavity and having a magnet cavity located within said ferrous pole piece,
 - and a magnet located within said magnet cavity,

wherein said ferrous pole piece and magnet are connected with said skateboard deck and

10 located at least partially within said skateboard deck cavity.
2. The skateboard of claim 1, further comprising a base plate attached to said ferrous pole piece.
- 15 3. The skateboard of claim 2, wherein said ferrous pole piece is attached to said base plate with a rivet.
4. The skateboard of claim 1, wherein said ferrous pole piece is cup-shaped and said magnet is located therein.
- 20 5. The skateboard of claim 1, wherein said magnet is neodymium-iron-boron.
6. The skateboard of claim 1, further comprising a second ferrous pole piece attached to said base plate and having a second magnet cavity located therein and a second magnet located within said second cavity.
- 25 7. The skateboard of claim 1, wherein said ferrous pole pieces are spaced apart such that a portion of said skateboard deck may be located between said ferrous pole pieces.
- 30 8. The skateboard of claim 1, wherein said ferrous pole piece is located proximate a front edge of said skateboard deck.

9. The skateboard of claim 1, further comprising:

a second ferrous pole piece sized and configured to fit within a second skateboard deck cavity and having a second magnet cavity located within said second ferrous pole piece,

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and a second magnet located within said second magnet cavity,

wherein said second ferrous pole piece and magnet are connected with said skateboard deck and located at least partially within said skateboard deck cavity.

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10 10. The skateboard of claim 9, wherein said first ferrous pole piece is located proximate a front edge of said skateboard deck and said second ferrous pole piece is located proximate a back edge of said skateboard deck.

11. The skateboard of claim 9, wherein said second ferrous pole piece is located with an 15 edge between 0 and 10 inches from a back edge of the skateboard deck.

12. The skateboard of claim 9, wherein said second ferrous pole piece located on an upturned portion of said skateboard deck.

20 13. The skateboard of claim 9, wherein said first ferrous pole piece is located with an edge between 0 and 10 inches from a front edge of the skateboard deck.

25 14. The skateboard of claim 9, wherein said first ferrous pole piece is located on a horizontal portion of said skateboard deck adjacent a first upturned portion and with a first edge between zero and 10 inches from a front edge of the skateboard deck, and wherein said second ferrous pole piece is located on a second upturned portion of said skateboard deck with an edge between zero and 10 inches from a rear edge of the skateboard deck.

30 15. An attachment for a shoe used with a skateboard having magnetic properties, the attachment comprising:

a ferrous metal plate,
an attachment body sized and configured to hold said ferrous metal plate,
a rim extending from said attachment body and located below said ferrous metal plate, said rim sized and configured to hold said ferrous metal plate within
5 said attachment body,
and at least one strap extending from said attachment body and sized to fit around
the foot of a user.

16. The attachment of claim 15, wherein said attachment body and rim are formed of
10 rubber.

17. The attachment of claim 15, wherein ferrous metal plate is recessed into said
attachment body.

15 18. The attachment of claim 15, wherein said at least one strap is attached to said ferrous
metal plate with at least one rivet.

19. The attachment of claim 15, wherein said at least one strap is molded into the
attachment body.

20 20. In combination:

a skateboard, comprising:

a skateboard deck,

a skateboard deck cavity located within said deck,

25 a ferrous pole piece sized and configured to fit within said skateboard deck

cavity and having a magnet cavity located within said ferrous pole piece,

and a magnet located within said magnet cavity,

wherein said ferrous pole piece and magnet are connected with said
skateboard deck and located at least partially within said skateboard
30 deck cavity,

a shoe attachment, comprising:

a ferrous metal plate,
an attachment body sized and configured to hold said ferrous metal plate,
a rim extending from said attachment body and located below said ferrous metal plate, said rim sized and configured to hold said ferrous metal plate within said attachment body,
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and at least one strap extending from said attachment body and sized to fit around the foot of a user,

wherein said magnet and ferrous pole piece providing sufficient attraction with said ferrous plate to keep said skateboard proximate the shoe attachment during normal aerial

10 maneuvers.